



CSS Aspirants
Empowering Future Officers

CSS Syllabus

Subject: Psychology

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Paper: Psychology (100 Marks)

- I. **Nature and Scope of Psychology:** Definition and scope, Psychology as a Science, Schools, Perspectives, and Models of Psychology, Recent Trends
- II. **Biological Basis of Behaviour:** Nervous System, Neuron and its function, Central and Peripheral Nervous System, Endocrine System
- III. **Sensation and Perception:** Sensory process, Perception, Gestalt Principles, Binocular and Monocular cues, Illusions and Extra Sensory Perception, Determinants of Perception
- IV. **Learning and Memory:** Nature and Forms of Learning, Types of learning: Classical and Operant Conditioning, Reinforcement, Extinction, Discrimination, Punishment, Observational Learning, Theories of Learning, Types of Memory, Process of Memory, Forgetting, Theories of Memory
- V. **Motivation and Emotion:** Homeostasis, Factors affecting Motivation, Biogenic and Social Motives, Measurement of Human Motivation, Theories of Motivation, Emotions, Types of Emotions, Physiological changes in Emotion, Theories of Emotions.
- VI. **Psychological Assessment:** Attributes of Psychological Measures, Validity, Reliability, Item Analysis, Norms, Modern Test Theory, Selection and Training, Educational and Clinical Assessment, Ethical and Legal Issues in Assessment.
- VII. **Personality:** Determinants of Personality, Factors in Development of Personality, Theoretical Perspectives, Personality Assessment and Techniques, Cross-Cultural Issues.
- VIII. **Intelligence:** Theories of Intelligence, Types of intelligence (IQ, EQ), Assessing Intelligence
- IX. **Social Influence and Group Dynamics:** Social Facilitation, Attribution, Conformity, Obedience, Altruism, Attitudes, Social Norms.
- X. **Developmental Psychology:** Physical, Cognitive, Social and Emotional development in Childhood, Adolescence, Adulthood and Old Age
- XI. **Abnormal and Clinical Psychology:** Concept and causes of Abnormality, Clinical Assessment and Intervention, Different disorders such as Schizophrenia, Mood disorder, Anxiety disorder, Personality disorder, etc. Psychological treatment including different Therapeutic instructions.
- XII. **Organizational/Industrial Psychology:** Leadership styles, Decision making, Work motivation, Organizational Culture, Stress and Conflict at Work and its Management, Organizational Socialization, Job related Attitude, Sexual Harassment, Glass Ceiling, Human Computer interaction.
- XIII. **Health Psychology:** Beliefs and Behaviour, Models of Health Psychology, Assessment and Intervention, Models of Stress, Chronic and Terminal Illness, Role of Social Support.
- XIV. **Forensic Psychology:** Psychology and Law, Investigation, Confession, Eyewitness Testimony, Working with Offenders, Juvenile Delinquents, Drug Addicts, Sex Offenders etc.

SUGGESTED READINGS

S.No.	Title	Author
1.	Applied Industrial/Organizational Psychology	Aamodt, M.
2.	Introduction to Psychology	Atkinson R. C., & Smith, E. E
3.	Social Psychology	Baron, R. A
4.	Introduction to Forensic Psychology	Bartol, C. R
5.	Foundation of Physiological Psychology	Carlson, N. R.
6.	Introduction to Psychology: Gateways to Mind and Behavior	Coon, D., & Mitterer, J.
7.	Development Across the Life Span	Feldman, R.
8.	Introduction to Psychology	Fernald, L. D., & Fernald, P.S
9.	Introduction to Psychology	Atkinson & Hilgard's, Fredrickson, B
10.	Forensic Psychology	Fulero, S. M., & Wrightsman
11.	Foundation of Psychology	Hayes, N
12.	Introduction to Psychology	Kalat, J. W
13.	Abnormal Psychology	Kring, A. M
14.	Psychology	Myers, D. G.
15.	Psychology: Concepts and Connections	Rathus, S.
16.	Life Span Development	Santrock, J. W.
17.	Organizational Psychology	Singh, P.

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